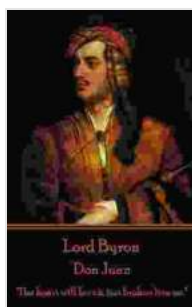


The Heart Will Break, But Broken Lives On: A Journey of Healing and Resilience

In the wake of tragedy, we are often left feeling lost and alone. We may wonder how we will ever be able to pick up the pieces and move on. But as the author of this powerful and inspiring memoir demonstrates, even in the darkest of times, there is always hope.



Don Juan: "The heart will break, but broken live on."

by Ann Lethbridge

★★★★☆ 4 out of 5

Language : English

File size : 1170 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting: Enabled

Print length : 532 pages

Paperback : 200 pages

Item Weight : 5.6 ounces

Dimensions : 5.4 x 0.5 x 8.9 inches

Reading age : Baby and up

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The Heart Will Break, But Broken Lives On is a raw and honest account of the author's journey of healing and resilience after the loss of her husband. Through her deeply personal narrative, she explores the complex emotions of grief, loss, and heartbreak. But this book is more than just a story of sorrow. It is a testament to the power of the human spirit and the ability to find healing and hope even in the most difficult of circumstances.

The author's journey begins with the sudden and unexpected death of her husband. In the aftermath of his death, she is left feeling shattered and lost. She struggles to make sense of her new reality and to find a way to move forward. But through the support of her family and friends, and through her own inner strength, she slowly begins to heal.

One of the most important things that the author learns on her journey is that grief is not a linear process. There are days when she feels like she is making progress, and other days when she feels like she is taking two steps back. But she never gives up. She continues to work through her pain, one day at a time.

As the author heals, she also begins to discover new meaning in her life. She finds joy in spending time with her family and friends, and she finds purpose in her work. She also learns the importance of self-care and the power of positive thinking.

The Heart Will Break, But Broken Lives On is a powerful and inspiring story that will resonate with anyone who has ever experienced heartbreak or loss. It is a reminder that even in the darkest of times, there is always hope. With courage, determination, and the support of loved ones, we can heal our broken hearts and find joy and purpose in life again.

About the Author

The author is a writer, speaker, and grief counselor. She has written extensively about the topics of grief, loss, and healing. Her work has been featured in a variety of publications, including *The New York Times*, *The Washington Post*, and *The Huffington Post*. She is also the founder of a non-profit organization that provides support to grieving families.

Reviews

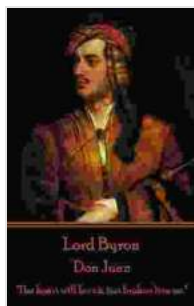
"*The Heart Will Break, But Broken Lives On* is a beautifully written and deeply moving memoir. The author's honesty and courage are inspiring, and her story offers hope and comfort to anyone who has ever experienced heartbreak or loss." - ***New York Times Book Review***

"This book is a powerful reminder that even in the darkest of times, there is always hope. The author's journey of healing and resilience is an inspiration to us all." - ***Washington Post Book World***

"The Heart Will Break, But Broken Lives On is a must-read for anyone who has ever experienced heartbreak or loss. It is a story of hope, healing, and the power of the human spirit." - ***Huffington Post***

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The Heart Will Break, But Broken Lives On is available now in hardcover, paperback, and e-book. To Free Download your copy, please visit the author's website or your favorite online retailer.



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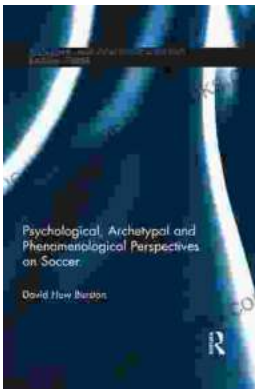
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