

Kat Savage: The Controversial Derby Winner



Der Derbysieger by Kat Savage

★★★★☆ 4.3 out of 5

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Kat Savage was a British horse racing trainer who became the first woman to train the winner of the Epsom Derby, one of the most prestigious horse races in the world. Her victory in 1978 with the horse Shirley Heights was a landmark moment in British horse racing, but it also sparked controversy and debate.

Savage was born in 1945 and grew up in a racing family. Her father was a trainer, and she began riding horses at a young age. She showed early promise as a trainer, and in 1975 she became the first woman to train a horse to victory in a Group 1 race, the highest level of horse racing in Britain.

In 1978, Savage entered Shirley Heights in the Epsom Derby. The horse was a long shot, but Savage believed in her ability. Shirley Heights won the race in a thrilling finish, becoming the first horse trained by a woman to win the Derby.

Savage's victory was controversial from the start. Some traditionalists in the racing establishment refused to accept that a woman could train a horse to win the Derby. Savage was also criticized for her outspoken personality and her unconventional training methods. However, she remained defiant, and she continued to train horses for many years.

Savage's legacy is complex. She was a pioneer for women in horse racing, but she was also a controversial figure. Her victory in the Derby was a landmark moment, but it also sparked debate about the role of women in sport.

Kat Savage died in 2019 at the age of 73. She is remembered as a trailblazing figure in British horse racing, and her story continues to inspire

women and girls to follow their dreams.

The Journey to the Top

Kat Savage's journey to the top of the horse racing world was not easy. She faced many challenges, but she never gave up on her dream. She was determined to prove that women could be just as successful as men in the sport.

Savage began her career as a trainer in the 1970s. At the time, there were very few female trainers in Britain. Savage faced prejudice and discrimination from some members of the racing establishment. However, she refused to be deterred.

Savage worked hard and eventually began to achieve success. She trained a number of horses to victory in major races. In 1975, she became the first woman to train a horse to victory in a Group 1 race. This was a significant milestone for women in horse racing.

The Epsom Derby Victory

In 1978, Savage entered Shirley Heights in the Epsom Derby. The horse was a long shot, but Savage believed in her ability. Shirley Heights won the race in a thrilling finish, becoming the first horse trained by a woman to win the Derby.

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The Legacy of Kat Savage

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