

# Journey Around the Globe with My Fifth World: Major Jeff Runs the World Majors

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## A Marathon Major Odyssey

Lace up your running shoes and get ready for an extraordinary journey around the world as we delve into the pages of "My Fifth World: Major Jeff Runs the World Majors." This captivating book chronicles the incredible adventure of Major Jeff Young, a decorated military veteran and avid runner, as he embarks on a mission to conquer the prestigious World Marathon Majors.



### Jeff Runs Tokyo: My Fifth World Major (Jeff Runs the World Majors Book 6) by Jeff Kendall

★★★★☆ 4 out of 5

Language : English  
File size : 17862 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 118 pages  
Lending : Enabled



## The World Marathon Majors

The World Marathon Majors are a series of six of the world's most renowned marathons: Tokyo, Boston, London, Berlin, Chicago, and New York City. These races attract elite runners and enthusiasts from every corner of the globe, offering a unique blend of competition, camaraderie, and cultural immersion.

Major Jeff's quest to run all six World Marathon Majors began in 2017 with the Tokyo Marathon. From the vibrant streets of Tokyo to the iconic landmarks of Boston, London, and Berlin, Major Jeff takes us on a thrilling journey, sharing his experiences, challenges, and triumphs along the way.

### **More Than Just a Race**

"My Fifth World" is not merely a running memoir; it is an exploration of human resilience, perseverance, and the transformative power of adventure. Major Jeff's journey is one of self-discovery, as he pushes his physical and mental limits while embracing the unique cultures and traditions of each city he visits.

Through vivid storytelling and captivating photography, Major Jeff brings us face-to-face with the diverse landscapes, vibrant crowds, and inspiring fellow runners he encounters along the way. His passion for running is contagious, as he shares the joy, camaraderie, and personal growth that can be found on the marathon course.

### **Conquering Chicago**

One highlight of Major Jeff's adventure is his conquest of the Chicago Marathon. Known for its flat course and enthusiastic spectators, the Chicago Marathon is a bucket-list race for many runners. Major Jeff's account of his experience is both exhilarating and relatable, as he

navigates the challenges of the race and soaks in the electric atmosphere of the Windy City.

We join Major Jeff as he battles fatigue and self-doubt, drawing inspiration from the city's iconic skyscrapers and the roar of the crowd. His determination is unwavering as he crosses the finish line, achieving his goal and leaving an unforgettable mark on the streets of Chicago.

### **A Triumphant Finish in New York City**

The culmination of Major Jeff's odyssey takes place in the heart of New York City, at the world-famous New York City Marathon. With its iconic course through all five boroughs, the New York City Marathon is a true test of endurance and resilience.

Major Jeff's journey to the finish line is both physically and emotionally demanding. He shares his innermost thoughts and emotions, revealing the struggles, setbacks, and moments of triumph that shape his experience. Through it all, he demonstrates the indomitable spirit that drives him to overcome adversity and achieve his dreams.

### **A Journey of Inspiration**

"My Fifth World: Major Jeff Runs the World Majors" is more than just a running story; it is a testament to the power of setting goals, embracing challenges, and living life to the fullest. Major Jeff's journey inspires readers to step outside their comfort zones, embrace their passions, and strive for greatness.

Whether you are an avid runner, armchair traveler, or simply someone seeking inspiration, this book will captivate you from start to finish. "My Fifth

World" is a celebration of human potential, a testament to the transformative power of adventure, and a reminder that anything is possible with determination and a never-say-die attitude.

Join Major Jeff on his extraordinary journey around the globe, and let his story ignite your own passion for adventure and self-discovery.

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### **About the Author**

Major Jeff Young is a decorated military veteran, avid runner, and the author of "My Fifth World: Major Jeff Runs the World Majors." His passion for running and adventure has taken him to all corners of the globe, inspiring others to live their lives with purpose and determination.

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### **Free Download Your Copy Today!**

Get your hands on a copy of "My Fifth World: Major Jeff Runs the World Majors" and embark on an epic journey around the globe. Available now at your favorite bookstore or online retailer.



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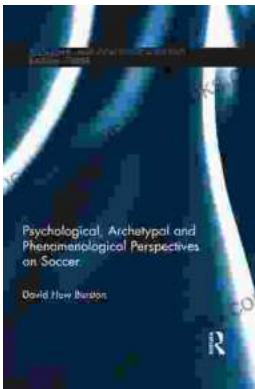
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